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Ananda Shala and Unity Church participate in local Global Mala Project that raises \$2,450 for Cambodian Children's Fund.

Ananda Shala, a Frederick yoga and Pilates studio, and Unity Church of Frederick sponsored a celebration for the UN International Day of Peace on September 21 that raised \$2,450 for the Cambodian Children's Fund. This collaborative effort, mirroring Global Mala Projects held internationally to celebrate the fall equinox, included mediation, 108 sun salutations and a yoga class held at Unity Church.

Donations from participants and silent auction items generously provided by local businesses raised \$2,450, 100% of which has been donated to the Cambodian Children's Fund. This organization called "Off the Mat, into the World" has inspired yoga students worldwide to raise funds for food, housing, clothing, education and medical attention for the children. The fund's local representative Suzanne Cary, shares that \$30 per month feeds one Cambodian child three meals per day. This Global Mala Project was the culmination of efforts that enabled Cary to personally raise \$20,000 for these children, and to work with them in their country for two weeks.

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